

NAME: _____

DATE: _____

Health and Nutrition Word Search

B N Y P L K J L F D O U A R P A
G B V M E A T O H C D D X S V T
J R I Z E V D U I A C J D E F Z
O N T U A E G M M T V X Z N N G
H C A F O O D M A O H E P H U K
H I M Y P L A T E X D S R C A J
R L I N Q C E P N D Q U X F W I
I C N N D A I R Y X W P N Y N B
G K S F K L W Q S V J B F X N I
W L N E Y O Y Q D G C G L X F K
C B Y C A R B O H Y D R A T E S
J X J U C I W R R P H A V U O R
Q S M I N E R A L S D I G I U K
A P F S E S Y Y I H U N G E R Y
G B P E Y O G Y O B E S E B K D
A R J V Q T H J A E D M J P I U
A J Z W P J E E H S N V M G Q
P V P J S R U E N E R G Y Z Y X
R M B N V E G E T A B L E A M F
D W Q J G F X F N L I Q P Q B E
L K A Q E G P R O T E I N L P A
R D O A Y H B U L H K L D H J C
N A P L G Y H Y D R A T I O N W
K A B X W Q O X O F N X G J Q M
B P W E L L N E S S C C E P T F
O U V Y F X P V U P K H S O E I
S L E M E P C Q G Q M R T B F S
C R E E G M E T A B O L I S M R
Z T B D E H Y D R A T I O N P B
X M H V S P S A X B M V N Z M M

Hunger
Wellness
Obese
Sugar
Vitamins
Carbohydrates
Calories
Dehydration
Health
Myplate
Minerals
Protein
Food
Hydration
Grains
Dairy
Energy
Vegetable
Digestion
Metabolism