

Nutrition Word Search

Q V B Y F A T S Y H S F I B E R J X
L P B C A R B O H Y D R A T E S F M
S B O B H O C M I N E R A L S J A S
N W N V E G E T A B L E S I I E A A
N U T R I E N T S H K A D A I R Y T
M Y P L A T E Z U C A L O R I E S U
V Y B W N C H O L E S T E R O L P R
K V I T A M I N S G I Z D Q U P Y A
F U V E C Y M I T G R A I N S I H T
I N G R E E D I E N T S E C A X T Z E
C G V T I E V A D F O O D S I H K D
D S E R V I N G U B W J U N I Q I B

CALORIES

CARBOHYDRATES

CHOLESTEROL

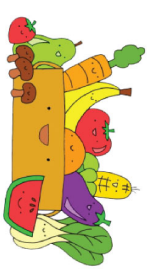
DAIRY

FATS

FIBER

FOODS

GRAINS



INGREDIENTS

MINERALS

MYPLATE

NUTRIENTS

SATURATED

SERVING

VEGETABLES

VITAMINS